

MANAGE YOUR PAIN

Beginning once you get home, and are able to swallow, take 600mg Ibuprofen and 500-1000mg of Acetaminophen (Tylenol) in alternating fashion over the next 4-5 days.

IBUPROFEN
(600mg)
also known as Advil



Please Note: If your doctor has indicated that it is not safe for you to take either acetaminophen or ibuprofen, your pain management will need to be modified. Make sure you inform someone on your dental team if this is the case.

DO NOT take Tylenol if you take the prescription pain medication the doctor prescribes. This medication already has acetaminophen in it, and you could exceed the safe daily limit.



Provider Notes

Office
208-735-1415
Dr. Funk's Cell
208-539-8563

Hours
Mon-Thur: 8:30am - 5pm
Friday: 8am - 12pm

Address
1415 N. Fillmore, Suite 701
Twin Falls, ID 83301

MintDentalTwinFalls.com



Post Op Instructions: Dental Implants

Follow these instructions for pain management protocol.



MintDentalTwinFalls.com

DO NOT AND PLEASE AVOID

- Do not spit.
- Do not use a drinking straw or drink carbonated liquids (minimum 3 days).
- Do not smoke.
- Do not blow your nose.
- Try to avoid sneezing. If you do sneeze, sneeze with your mouth open.
- Avoid excess physical activity and exercise.

Spitting, the use of a straw, and smoking can dislodge the blood clot that is forming and will cause bleeding from the area. Also, **SMOKING CAN INCREASE THE RISK OF IMPLANT FAILURE.**

BLEEDING, SWELLING, PAIN

Some minor bleeding, swelling and pain is expected after dental implant surgery.

- Keep gauze on the surgical area with firm biting pressure for at least 20 minutes. At that time remove the gauze and replace with another gauze sponge as provided. Repeat this as necessary.
- Bright red blood rapidly pooling in the area is normal. If this occurs and does not decrease with pressure please call the office immediately.
- Apply ice immediately in the area where the surgery was done. Apply for 30 minutes, then off for 20-30 minutes. This should be done as much as possible for the first 48 hours to reduce swelling and pain.
- If your surgery was in the front upper jaw you can expect swelling and discomfort up into the nose and under the eyes. Bruising and discoloration is not unusual.

ORAL HYGIENE

Do not brush the teeth in the area of surgery for 48 hours. When brushing, be gentle.

If you used a prescribed mouthwash prior to surgery, it should be continued starting 24 hours after your surgery. Place the mouthwash in the area of the surgery and let it sit for 30-60 seconds. Do not rinse with it until after sutures have resorbed.

SUTURES

Do not brush the teeth in the area of surgery for 48 hours. When brushing, be gentle.

If you used a prescribed mouthwash prior to surgery, it should be continued starting 24 hours after your surgery. Place the mouthwash in the area of the surgery and let it sit for 30-60 seconds. Do not rinse with it until after sutures have resorbed.

BONE GRAFT MATERIAL

If your surgeon placed bone graft material at the time the dental implant was placed, you might notice some gritty material in your mouth.

This is nothing to worry about and should subside within a day or two.

WILL IMPLANT BE VISABLE?

You will notice that you cannot see any implants in your mouth as the gums cover the area. This is good.

Do not stretch your lip daily to inspect the area. This can cause wound breakdown.

TEMPORARY FLIPPER

If you have a temporary flipper to wear do NOT place it until the numbness in the area is gone. When it is placed it should not touch the gums in the area of the surgery. If it does, this can cause ulceration of the wound edges and breakdown of the sutures.

ANESTHESIA WARNING

When a local anesthetic is used your lip, tongue and cheek will be numb for several hours after the procedure. While it is numb, it will feel "funny." During this period you must be careful not to bite, chew, pinch and/or scratch this area, which can lead to serious soft tissue trauma.



QUESTIONS?

We are here for you. Most follow up appointments are scheduled 10 days after surgery. If something arises that you consider unusual please do not hesitate to contact the office immediately.